

Sam and his wife also discovered that focusing on internal circumstances means getting off your butt and being pro-active. It does not mean sitting around dreaming and wishing for a magical solution to our problems.

This is not to say that all poor people are lazy day-dreamers. But some are. Some expect money and help to fall from the sky, without any effort on their part.

The Bible has many references to laziness, and in fact sometimes links laziness and poverty.

This might sound harsh to many people who have been born into poverty, sometimes a poverty caused by the callous policies of local or international governments and businesses. But the way to bring about change is not to sit around cursing my bad luck. Rather, I need to get off my butt and change my bad habits.