

What did **Gandhi** do?

When Gandhi was faced with an impossible situation, when he couldn't change external circumstances, he didn't resort to violence or criminal activities.

Rather, he looked inside himself, and changed internal circumstances.

He examined his heart, and improved himself by becoming a better person:  
by becoming kinder, more forgiving,  
more helpful to others,  
decreasing negative/unkind/unclean thinking,  
trying to clean his heart.

And what happened? As Gandhi changed internal circumstances, doors started to open. External circumstances started to change. Gandhi discovered that changing internal circumstances is a powerful way to change external circumstances.